

2008 GRAL Time Standards

Mite Girls 8 & Under								Mite Boys 8 & Under									
J.V.	Varsity	S.V.		J.V.	Varsity	S.V.		J.V.	Varsity	S.V.		J.V.	Varsity	S.V.			
M	2:12.99	2:06.99	1:56.54	100 IM	1:59.81	1:54.41	1:44.99	Y	M	2:13.19	2:04.64	1:58.16	100 IM	1:59.99	1:52.29	1:46.45	Y
E	0:26.20	0:25.19	0:24.08	25 Back	0:23.60	0:22.69	0:21.69	A	E	0:25.85	0:25.19	0:23.96	25 Back	0:23.29	0:22.69	0:21.59	A
T	0:28.96	0:27.74	0:26.63	25 Breast	0:26.09	0:24.99	0:23.99	R	T	0:29.96	0:29.29	0:27.29	25 Breast	0:26.99	0:26.39	0:24.59	R
E	0:27.59	0:25.59	0:23.99	25 Fly	0:24.86	0:23.05	0:21.61	D	E	0:28.40	0:26.64	0:24.08	25 Fly	0:25.59	0:24.00	0:21.69	D
R	0:21.79	0:20.97	0:20.08	25 Free	0:19.63	0:18.89	0:18.09	S	R	0:21.41	0:20.72	0:19.68	25 Free	0:19.29	0:18.67	0:17.73	S
S	0:49.94	0:47.99	0:44.99	50 Free	0:44.99	0:43.23	0:40.53		S	0:49.94	0:46.72	0:44.39	50 Free	0:44.99	0:42.09	0:39.99	
Midget Girls 9-10								Midget Boys 9-10									
J.V.	Varsity	S.V.		J.V.	Varsity	S.V.		J.V.	Varsity	S.V.		J.V.	Varsity	S.V.			
M	1:44.88	1:40.33	1:36.78	100 IM	1:34.49	1:30.39	1:27.19	Y	M	1:49.88	1:44.77	1:36.78	100 IM	1:38.99	1:34.39	1:27.19	Y
E	0:48.38	0:46.61	0:44.50	50 Back	0:43.59	0:41.99	0:40.09	A	E	0:49.94	0:47.39	0:44.17	50 Back	0:44.99	0:42.69	0:39.79	A
T	0:53.79	0:51.99	0:49.38	50 Breast	0:48.46	0:46.84	0:44.49	R	T	0:54.49	0:53.60	0:50.38	50 Breast	0:49.09	0:48.29	0:45.39	R
E	0:49.49	0:47.27	0:44.39	50 Fly	0:44.59	0:42.59	0:39.99	D	E	0:52.09	0:49.34	0:45.20	50 Fly	0:46.93	0:44.45	0:40.72	D
R	0:40.89	0:39.17	0:37.61	50 Free	0:36.84	0:35.29	0:33.89	S	R	0:41.06	0:39.39	0:37.73	50 Free	0:36.99	0:35.49	0:33.99	S
S	1:34.99	1:30.99	1:26.12	100 Free	1:25.58	1:21.97	1:17.59		S	1:33.56	1:30.45	1:25.46	100 Free	1:24.29	1:21.49	1:16.99	
Junior Girls 11-12								Junior Boys 11-12									
J.V.	Varsity	S.V.		J.V.	Varsity	S.V.		J.V.	Varsity	S.V.		J.V.	Varsity	S.V.			
M	1:31.56	1:28.79	1:22.99	100 IM	1:22.49	1:19.99	1:14.77	Y	M	1:38.22	1:33.23	1:26.49	100 IM	1:28.49	1:23.99	1:17.92	Y
E	0:42.72	0:40.99	0:38.99	50 Back	0:38.49	0:36.93	0:35.13	A	E	0:44.81	0:42.48	0:40.28	50 Back	0:40.37	0:38.27	0:36.29	A
T	0:47.05	0:45.72	0:43.69	50 Breast	0:42.39	0:41.19	0:39.36	R	T	0:49.94	0:47.72	0:45.50	50 Breast	0:44.99	0:42.99	0:40.99	R
E	0:41.99	0:39.99	0:36.99	50 Fly	0:37.83	0:36.03	0:33.32	D	E	0:47.27	0:43.59	0:40.06	50 Fly	0:42.59	0:39.27	0:36.09	D
R	0:36.19	0:34.99	0:32.99	50 Free	0:32.60	0:31.52	0:29.72	S	R	0:37.55	0:36.20	0:34.40	50 Free	0:33.83	0:32.61	0:30.99	S
S	1:22.79	1:19.46	1:13.59	100 Free	1:14.59	1:11.59	1:06.30		S	1:27.01	1:22.90	1:17.87	100 Free	1:18.39	1:14.69	1:10.15	
Intermediate Girls 13-14								Intermediate Boys 13-14									
J.V.	Varsity	S.V.		J.V.	Varsity	S.V.		J.V.	Varsity	S.V.		J.V.	Varsity	S.V.			
M	1:29.69	1:26.79	1:22.13	100 IM	1:20.80	1:18.19	1:13.99	Y	M	1:32.78	1:28.79	1:23.24	100 IM	1:23.59	1:19.99	1:14.99	Y
E	0:42.50	0:40.61	0:38.84	50 Back	0:38.29	0:36.59	0:34.99	A	E	0:43.72	0:40.72	0:38.62	50 Back	0:39.39	0:36.68	0:34.79	A
T	1:35.45	1:29.99	1:21.68	100 Back	1:25.99	1:21.07	1:13.59	R	T	1:46.10	1:38.22	1:28.79	100 Back	1:35.59	1:28.49	1:19.99	R
E	0:45.99	0:44.99	0:42.99	50 Breast	0:41.43	0:40.53	0:38.73	D	E	0:47.72	0:44.50	0:42.06	50 Breast	0:42.99	0:40.09	0:37.89	D
R	1:42.77	1:37.67	1:31.29	100 Breast	1:32.59	1:27.99	1:22.24	S	R	1:47.66	1:41.00	1:32.12	100 Breast	1:36.99	1:30.99	1:22.99	S
S	0:40.61	0:39.28	0:36.95	50 Fly	0:36.59	0:35.39	0:33.29		S	0:44.94	0:41.06	0:36.62	50 Fly	0:40.49	0:36.99	0:32.99	
	1:40.99	1:35.59	1:27.01	100 Fly	1:30.98	1:26.12	1:18.39			1:48.77	1:37.67	1:24.35	100 Fly	1:37.99	1:27.99	1:15.99	
	0:35.19	0:34.29	0:32.73	50 Free	0:31.70	0:30.89	0:29.49			0:34.50	0:32.60	0:31.00	50 Free	0:31.08	0:29.37	0:27.93	
	1:20.69	1:17.57	1:12.89	100 Free	1:12.69	1:09.89	1:05.67			1:21.91	1:15.58	1:09.36	100 Free	1:13.79	1:08.09	1:02.49	
Senior Girls 15-18								Senior Boys 15-18									
J.V.	Varsity	S.V.		J.V.	Varsity	S.V.		J.V.	Varsity	S.V.		J.V.	Varsity	S.V.			
M	1:28.01	1:23.57	1:18.99	100 IM	1:19.29	1:15.29	1:11.16	Y	M	1:24.79	1:20.91	1:14.91	100 IM	1:16.39	1:12.89	1:07.49	Y
E	0:41.95	0:39.95	0:37.62	50 Back	0:37.79	0:35.99	0:33.89	A	E	0:41.39	0:38.73	0:35.51	50 Back	0:37.29	0:34.89	0:31.99	A
T	1:34.34	1:30.01	1:22.13	100 Back	1:24.99	1:21.09	1:13.99	R	T	1:38.78	1:27.79	1:20.35	100 Back	1:28.99	1:19.09	1:12.39	R
E	0:46.28	0:43.99	0:42.17	50 Breast	0:41.69	0:39.63	0:37.99	D	E	0:42.95	0:41.06	0:39.06	50 Breast	0:38.69	0:36.99	0:35.19	D
R	1:42.00	1:37.29	1:30.90	100 Breast	1:31.89	1:27.65	1:21.89	S	R	1:38.78	1:34.12	1:28.79	100 Breast	1:28.99	1:24.79	1:19.99	S
S	0:39.95	0:37.39	0:34.62	50 Fly	0:35.99	0:33.68	0:31.19		S	0:39.17	0:35.84	0:33.29	50 Fly	0:35.29	0:32.29	0:29.99	
	1:42.11	1:31.34	1:21.35	100 Fly	1:31.99	1:22.29	1:13.29			1:43.22	1:29.90	1:18.80	100 Fly	1:32.99	1:20.99	1:10.99	
	0:34.18	0:33.07	0:31.51	50 Free	0:30.79	0:29.79	0:28.39			0:31.51	0:30.18	0:28.52	50 Free	0:28.39	0:27.19	0:25.69	
	1:18.58	1:15.80	1:09.92	100 Free	1:10.79	1:08.29	1:02.99			1:15.25	1:09.36	1:05.48	100 Free	1:07.79	1:02.49	0:58.99	